

10 Positive Affirmations for Kids

I can find peace anywhere.
I can calm my mind and then make
better decisions.

I have everything I need to be happy.

I am the master and author of myself.

I can create brilliant ideas,
new inventions,
and fun projects.



I choose to be a good friend and attract new friends.

I am enough.

I am willing to learn from others.

I can be kind even when I'm sad or mad.

The best part about me is there
is no one like me.

I will stand up for what I believe in
and walk through my doubts,
and fears with courage.

